

# VOLLEYBALL

## GIRLS & MIX SIX - ALL CLASSIFICATIONS

### A. SEASON

#### 2023 SEASON

##### 3A & 4A Volleyball:

August 2, 2023 - First Practice

August 17, 2023 - First Contest

\*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

November 4, 2023 - Last Contest (Regular Season or Conference Championship)

##### Mix Six & 2A Volleyball:

September 6, 2023 - First Practice

September 21, 2023 - First Contest

\*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

November 25, 2023 - Last Contest (Regular Season or Conference Championship)

### B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of competition. (Article 7, Section 7)

### C. INDIVIDUAL NON-SCHOOL PARTICIPATION

ASAA has no limitations on students participating on non-school volleyball teams while they are members of a school volleyball team.

### D. RULES

1. National Federation of High School (NFHS) Volleyball rules apply.
2. ASAA allows for modification of match format for series other than dual varsity matches.
3. Teams shall remain on the same side of the net throughout a match. The head official can make an exception to this if there is a disadvantage/advantage to one side. Procedure;
  - a. Home team selects a bench
  - b. During the prematch conference a coin toss shall be conducted. Visiting team shall call the toss. Winner shall choose serve or receive
3. ASAA Supplemental Rules for Mix Six Volleyball
  - a. Mix Six Volleyball is intended to be played with three males and three females on the court at all times. The serving order and positions on the court at service shall be female and male alternating or vice-versa.
    1. Up to two female players are allowed to replace male players on the court.
    2. A male may never fill a female position. In service order all males must be in position 1, 3 and 5 or 2, 4 and 6.

3. No more than three males may be on the court at any time.
4. There must be at least one male on the court to begin a match.
- b. The height of the net for mix six play shall be 2.43 meters (7' 11-5/8").
- c. When the ball is played more than once by a team, at least one of the contacts shall be made by a female player. Contact of the ball during blocking shall not constitute a play on the ball under this rule. There is no requirement for a male player to contact the ball, regardless of the number of plays by a team.
- d. Uniforms of players shall be identical within the following provisions:
  1. All females shall be attired in identical jerseys and shorts or one-piece uniform.
  2. All males shall be attired in identical jerseys and shorts or one-piece uniform.
  3. All uniforms shall be numbered and there shall be no duplicate numbers
- e. When only one male player is in the front row at service, one male back-row player may be forward of the attack line for the purpose of blocking. The remaining male back-row player must be behind the attack line until the ball has been contacted by the block or has been hit in such a manner that no block is possible.
  1. If a male back-row player is not participating in a block there is no restriction on both male back-row players being forward of the attack line.
  2. Male back-row players when playing the ball in other than blocking actions shall be governed by provisions of the National Federation Rule 9, Section 5, Art 5b.
  3. No female back-row player may participate in a block.
- f. Liberos are not permitted.

## **E. CONFERENCES**

All teams are assigned to conferences (See the Volleyball Conferences). Conferences are responsible for setting their own bylaws and policies. A contact person must be selected to communicate conference information with ASAA. (i.e. State qualifiers, tournament results, final seeds)

## **F. MAXIMUM MATCHES**

A team may play 22 regular season matches exclusive of conference or state championships. Additional matches may be played under the Endowment Game guidelines.

All full matches (3-of-5 sets) played are part of the regular season and are counted as part of the 22 match limit and the regular season record.

Mini-matches that are limited to 1, 2 or 3 sets are not considered full matches and do not count against the 22 match limit. During the regular season, each day of a tournament involving mini-matches (pool play) counts as one full match and is counted as part of the 22 match limit.

## **G. ENDOWMENT MATCH**

ASAA encourages each school's team sports to play Endowment Games during the season above and beyond the 22 match limit. Additional Endowment Games may be played each season. (Bylaw, Article 7, Section 9) School teams may play Endowment Games at any time during the regular season, beginning with the date of the first contest and extending to the start of the conference tournament. Endowment Games do count in a team's overall season record for at large and seeding purposes.

Schools wishing to host Endowment Games must apply in writing to ASAA by submitting the "Endowment Game Application Form" no later than one week prior to the game. Under no circumstances may an Endowment Game be played until this form has been signed by ASAA and returned to the participating schools. ASAA will invoice the responsible school \$100 for each game.

## H. JAMBOREE REGULATIONS

All players must have five (5) separate days of practice prior to the first day of the Jamboree. Two sets maximum with each team. A team may play in only one jamboree each season. A jamboree does not count as a game against the 22-game limit.

## I. REPORTING SCHEDULES & RESULTS

1. A school coach, administrator or official team representative must create an account at the [MaxPreps.com](https://MaxPreps.com) website. This applies to all classifications.
2. All set scores with the exception of timed sets and sets to less than 15 must be entered into the [MaxPreps.com](https://MaxPreps.com) website from the previous week by the following Tuesday 7:00 PM during the regular season.
3. All set scores from the conference tournament must be entered into the [MaxPreps.com](https://MaxPreps.com) website by Sunday, 8:00 AM.
4. Schools failing to meet these mandates will be given a warning for the first offense, fined \$200 for the second offense.

## J. STATE CHAMPIONSHIPS

### 1. DATES

3A & 4A - November 9-11, 2023

Mix Six & 2A - November 30 - December 2, 2023

### 2. SITE & HOST

3A & 4A - Alaska Airline Center, Anchorage

Hosted by ASAA, UAA & ASD

Mix Six & 2A - Palmer High School, Palmer

Hosted by ASAA & Palmer High School

### 3. STATE CHAMPIONSHIP FORMAT

#### a. 2A/3A/4A Type of Elimination

Eight team Double elimination bracket. The "if game" will be one set to 30 points.

#### b. Mix Six Type of Elimination

Twelve team double elimination bracket with first round matches and the losers bracket, 2 out of 3 with the 3rd set to 25 points. The winners bracket and the Championship will be 3 out of 5. The "if game" will be one set to 30 points

#### c. Championship Schedule

A detailed schedule and bracket will be available online at the Volleyball State Information page.

#### d. Conference Berths (See Volleyball Conferences)

#### e. At-Large

The 3A at-large pool will consist of the Aurora, Southcentral and Western third place team, and the Southeast second place team. The 4A at-large pool will consist of the Cook Inlet fourth place team, Northern Lights third place team and the Mid Alaska and Southeast second place teams.

These will be determined by the conference bylaws and could be based on the conference tournament or regular season results. Each team in the "pool" will be given a point value of .5 or one against each other team being considered. Points will be assigned using the following ranked criteria;

1. Head to Head matches
2. Head to Head sets
3. Common opponents match record.\*
4. Common opponents set record.\*
5. Matches won against other state qualifiers at that classification.\*
6. Overall match record percentage vs. schools at that classification.\*

\* winning percentage must have a difference of at least 25%

If there is a tie, the same criteria will be used to break the tie, disregarding the other teams. If the tie still exist there will be coin toss by ASAA staff to determine who advances

f. 2A/3A/4A Bracket Rotations

2023-2024

**4A CLASSIFICATION**

Cook Inlet #1 vs. Northern Lights #2  
Mid Alaska #1 vs. Cook Inlet #3  
Northern Lights #1 vs. Cook Inlet #2 (AL)  
Southeast #1 vs. At-Large (CI2)

**3A CLASSIFICATION**

Aurora #1 vs. At-Large or (W2)  
Southcentral #1 vs. Western #2 or (AL)  
Southeast #1 vs. Aurora #2  
Western #1 vs. Southcentral #2

**2A CLASSIFICATION**

Aurora #1 vs. Southeast #2  
Borealis #1 vs. Southwest #2  
Southeast #1 vs. Aurora #2  
Southwest #1 vs. Borealis #2

2024-2025

**4A CLASSIFICATION**

Mid Alaska #1 vs. Cook Inlet #2  
Northern Lights #1 vs. Cook Inlet #3  
Southeast #1 vs. Northern Lights #2 or (AL)  
Cook Inlet #1 vs. At-Large or (NL2)

**3A CLASSIFICATION**

Southcentral #1 vs. Aurora #2  
Southeast #1 vs. Western #2  
Western #1 vs. At-Large or (SC2)  
Aurora #1 vs. South Central #2

**2A CLASSIFICATION**

Borealis #1 vs. Aurora #2  
Southeast #1 vs. Southwest #2  
Southwest #1 vs. Southeast #2  
Aurora #1 vs. Borealis #2

2025-2026

**4A CLASSIFICATION**

Northern Lights #1 vs. At-Large or (CI3)  
Cook Inlet #1 vs. Cook Inlet #3 or (AL)

**3A CLASSIFICATION**

Southeast #1 vs. Southcentral #2  
Aurora #1 vs. Western #2

Southeast #1 vs. Cook Inlet #2  
Mid Alaska #1 vs. Northern Lights #2

Western #1 vs. Aurora #2 or (AL)  
Southcentral #1 vs. At-Large or (A2)

## **2A CLASSIFICATION**

Southeast #1 vs. Borealis #2  
Aurora #1 vs. Southwest #2  
Southwest #1 vs. Aurora #2  
Borealis #1 vs. Southeast #2

g. Mix Six Bracket Placement (For bracket see the ASAA website on the volleyball coaches page)

### **2023-2024**

A - North Slope	E - Southwest	I - Denali #1
B - Western #1	F - Western #2	J - Northwest
C - Alaska Coastal	G - Southeast #1	K - Yukon River
D - Southeast #2	H - Denali #2	L - Greater Kuskokwim

### **2024-2025**

A - Greater Kuskokwim	E - Denali #1	I - North Slope
B - Denali #2	F - Southeast #2	J - Southeast #1
C - Northwest	G - Southwest	K - Alaska Coastal
D - Western #2	H - Yukon River	L - Western #1

### **2025-2026**

A - Alaska Coastal	E - Southeast #1	I - Southwest
B - Southeast #2	F - Western #2	J - Yukon River
C - Western #1	G - Greater Kuskokwim	K - Denali #1
D - North Slope	H - Denali #2	L - Northwest

## **4. STATE POLICIES & PROCEDURES DOCUMENT**

This detailed document outlining Volleyball Championship information (i.e. supplemental rules, roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc), will be available online prior to the start of the championship on the Volleyball Coaches web page. State qualifying teams are required to review this document.

## **5. STATE CHAMPIONSHIP FORMS**

All forms should be submitted online at the ASAA website, on the Volleyball Coaches page prior to the deadline.

- School Activities Reporting System (SARS) eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct
- Good Sport Selection Form
- Academic Award Entry Form

## **6. STATE CHAMPIONSHIP DEADLINES**

Deadlines can be found on the [asaa.org](http://asaa.org) website within the sport specific state championship policies & procedures and on the sport specific forms page.

## **7. AWARDS**

a. First and second place trophies

b. 14 individual medallions for players, coaches, managers of first and second place teams for Mix Six and 2A

c. 17 individual medallions for players, coaches, managers of first and second place teams for 3A and 4A

c. Team Sportsmanship Award

d. Academic Award

e. 12 All-Tournament medallions

Awarded for outstanding tournament play, regardless of player position on the court. Mix Six there must be at least 4 of each gender on the All Tournament Team.

f. Player of the game awarded to one player from each team each game

g. Two Good Sport Team

Members are selected by their head coach to be honored for outstanding citizenship and sportsmanship throughout the entire season.

h. Best Hitter, Best Server, Best Setter, and Best Defensive Specialist Awards

# VOLLEYBALL CONFERENCES

## 4A CLASSIFICATION (Berths to state are indicated in parenthesis)

### Cook Inlet (3)

Bartlett  
Bettye Davis East  
Chugiak  
Dimond  
Eagle River  
Service  
South Anchorage  
West Anchorage

### Mid-Alaska (1)

Lathrop  
North Pole  
West Valley

### Northern Lights (2)

Colony  
Kodiak  
Palmer  
Soldotna  
Wasilla

### Southeast (1)

Juneau-Douglas  
Ketchikan  
Thunder Mountain

### At-Large (1)

## 3A CLASSIFICATION (Berths to state are indicated in parenthesis)

### Aurora (2)

Ben Eielson  
Delta Junction  
Galena  
Hutchison  
Monroe Catholic  
Valdez

### Southcentral (2)

Grace Christian  
Homer  
Houston  
Kenai Central  
Mountain City Christian Academy  
Nikiski  
Redington  
Seward

### Southeast (1)

Mt. Edgecumbe  
Sitka

### Western (2)

Barrow  
Bethel  
Kotzebue  
Nome-Beltz

### At-Large (1)

## **2A CLASSIFICATION** (Berths to state are indicated in parenthesis)

### **Aurora (2)**

Effie Kokrine  
Glennallen  
Kenny Lake  
Nenana  
Tok  
Tri Valley

### **Borealis (2)**

Birchwood Christian  
Cook Inlet Academy  
Cordova  
Holy Rosary  
Lumen Christi  
Ninilchik  
Su-Valley  
Unalaska

### **Southeast (2)**

Craig  
Haines  
Klawock  
Metlakatla  
Petersburg  
Skagway  
Wrangell

### **Southwest (2)**

Bristol Bay  
Dillingham  
Chief Ivan Blanka (New Stuyahok)  
Hooper Bay  
King Cove  
Koliganek  
Manokotak  
Sand Point  
Togiak

## **MIX SIX** (Berths to state are indicated in parenthesis)

### **Alaska Coastal (1)**

Lower Kuskokwim  
School District  
Schools

### **Denali (2)**

Anderson  
Fort Yukon  
Glacier View  
Kodiak Island ESSS  
Minto  
Nanwalek  
Nikolaevsk  
Susan B English (Seldovia)  
Walter Northway

### **Greater Kuskokwim (1)**

Akiak  
Aniak  
Iditarod School District  
Kuspuk School District  
Tulusak

### **North Slope (1)**

Alak  
Meade River  
Nuiqsut Trapper  
Nunamiut (Anaktuvik Pass)  
Tikigaq (Point Hope)

### **Northwest (1)**

Northwest Arctic  
School District  
Schools

### **Southeast (2)**

Angoon  
Gustavus  
Hoonah  
Hydaburg  
Kake  
Thorne Bay  
Yakutat



## **Southwest (1)**

Kokhanok  
Newhalen  
Tanalian

## **Western (2)**

Aniguiin (Elim)  
Anthony Andrews (St Michael)  
Brevig Mission  
Gambell  
Hogarth Kingeekuk (Savoonga)  
Koyuk  
Martin L Olson (Golovin)  
Shaktoolik  
Shishmaref  
James C Isabell (Teller)  
Tururngailnguq (Stebbins)  
Unalakleet  
White Mountain

## **Yukon River (1)**

Alakanuk  
Chevak  
Kotlik  
Marshall  
Nunam Iqua (Sheldon Point)  
Pilot Station  
Russian Mission  
Scammon Bay  
St. Mary's